

STARTERS

FOCACCIA

*Houmous – 8.00*

HOISIN PORK RIBS

*Pickled Plum – 12.00*

MONKFISH SCAMPI

*Katsu sauce, wakame seaweed – 11.00*

OLIVES

Green & black olives – 5.00

MOULES MARINIERE

*Toasted sourdough –14.00*

WARM ISLE OF WIGHT  
TOMATO

*Basil Pesto, toasted pine nuts,  
Rosary Ash goats' cheese – 10.00*



MAIN COURSES

NATIVE LOBSTER

*Served with garlic butter, House salad & fries*

*Half -45.00 | Whole- 80.00*

MARKET FISH

*Samphire, crushed new potatoes & Beurre Blanc – £MP*

WHOLE LEMON SOLE

*Caper lemon Beurre Noisette, chunky chips  
& house salad – 36.00*

10oz RIBEYE STEAK

*Confit tomato, flat mushroom, watercress  
& peppercorn sauce – 41.00*

THE ROCK BURGER

*2 aged beef patties in a toasted bun, rocket,  
pickled red onion, applewood smoked cheddar  
& seasoned fries – 19.00*

LOCAL BEER BATTERED HADDOCK

*triple-cooked chips, crushed peas,  
tartar sauce & lemon –24.00*

BASIL PESTO GNOCCHI

*Parmesan and Basil cress – 24.00*

MOULES MARINIERE

*Toasted sourdough – 27.00*

*Please tell us about any food allergies or dietary requirements before ordering.*

SALADS & SANDWICHES

CLASSIC CAESAR SALAD

*White anchovies, Grana Padano. Romaine lettuce  
& Soft-boiled egg – 20.00*

*Add Creedy carver chicken for an extra - 4.00*

CRAB AND CRAYFISH ROLL

*Served in a brioche roll with vegetable  
crisps – 14.00*

CLASSIC CLUB SANDWICH

*Chicken, bacon, lettuce,  
tomato and mayonnaise  
served on sourdough with  
vegetable crisps – 14.00*

OPEN RED PEPPER HOUMOUS

*Red pepper houmous, Rosary Ash  
goats' cheese, pickled shallots on  
focaccia with vegetable crisps – 13.00*

DESSERTS

AFFOGATO

*Freshly ground coffee, vanilla ice-cream &  
shortbread – 9.00  
Add a liquor for- 5.00*

PISTACHIO & RASPBERRY ROULADE

*White chocolate, cassis sorbet-14.00*

BERRY CHEESECAKE

*Vanilla Ice-cream - £12.00*

SELECTION OF ICE CREAM

*Local ice-cream – 7.50*

BRITISH CHEESEBOARD

*A selection of British and Isle of Wight cheese served with  
pickled grapes, raisin puree, celery, homemade cracker and  
Guinness bread – 14.00*

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