

STARTERS

FOCACCIA

Houmous – 8.00

HOISIN PORK RIBS

Pickled Plum – 12.00

MONKFISH SCAMPI

Katsu sauce, wakame seaweed – 11.00

OLIVES

Green & black olives – 5.00

MOULES MARINIERE

Toasted sourdough –14.00

WARM ISLE OF WIGHT
TOMATO

*Basil Pesto, toasted pine nuts,
Rosary Ash goats' cheese – 10.00*



MAIN COURSES

NATIVE LOBSTER

Served with garlic butter, House salad & fries

Half -45.00 | Whole- 80.00

MARKET FISH

Samphire, crushed new potatoes & Beurre Blanc – £MP

WHOLE LEMON SOLE

*Caper lemon Beurre Noisette, chunky chips
& house salad – 36.00*

10oz RIBEYE STEAK

*Confit tomato, flat mushroom, watercress
& peppercorn sauce – 41.00*

THE ROCK BURGER

*2 aged beef patties in a toasted bun, rocket,
pickled red onion, applewood smoked cheddar
& seasoned fries – 19.00*

LOCAL BEER BATTERED HADDOCK

*triple-cooked chips, crushed peas,
tartar sauce & lemon –24.00*

MOULES MARINIERE

Toasted sourdough – 27.00

BASIL PESTO GNOCCHI

Parmesan and Basil cress – 24.00

SEAFOOD LINGUINE

Crab, clams, chili & lime.- 28.00

SIDES

CRUSHED POTATO & HERBS | 4.00

SEASONAL SALAD | 4.00

SEASONAL GREENS | 6.00

SEASONAL FRIES | 4.00

SALADS & SANDWICHES

CLASSIC CAESAR SALAD

*White anchovies, Grana Padano. Romaine lettuce
& Soft-boiled egg – 20.00*

Add Creedy carver chicken for an extra - 4.00

CRAB AND CRAYFISH ROLL

*Served in a brioche roll with vegetable
crisps – 14.00*

CLASSIC CLUB SANDWICH

*Chicken, bacon, lettuce,
tomato and mayonnaise
served on sourdough with
vegetable crisps – 14.00*

OPEN RED PEPPER HOUMOUS

*Red pepper houmous, Rosary Ash
goats' cheese, pickled shallots on
focaccia with vegetable crisps – 13.00*

DESSERTS

AFFOGATO

*Freshly ground coffee, vanilla ice-cream &
shortbread – 9.00*

Add a liquor for- 5.00

PISTACHIO & RASPBERRY ROULADE

White chocolate, cassis sorbet-14.00

BERRY CHEESECAKE

Vanilla Ice-cream - 12.00

SELECTION OF ICE CREAM

Local ice-cream – 7.50

BRITISH CHEESEBOARD

*A selection of British and Isle of Wight cheese served with
pickled grapes, raisin puree, celery, homemade cracker and
Guinness bread – 14.00*

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